

# TriActive Cellulite Study Shows Positive Results

By Bob Kronemyer, Associate Editor

The TriActive system from Deka (Calenzano, Italy) is "without a doubt, a revolutionary system for the treatment of cellulite," according to Nicola Zerbinati, M.D., a dermatologist from Varese, Italy. This unique device combines the action of six near-infrared diode lasers, localized cooling and mechanical massage.

**"The TriActive guarantees** positive outcomes at low cost, with a limited number of sessions and no side effects," said Dr. Zerbinati, who was lead author of a study that treated ten patients with localized cellulite in their buttocks and thighs. Each patient underwent ten treatment sessions lasting 20 minutes each. "Treatment was administered three times a week," Dr. Zerbinati said. "By progressively massaging and stimulating the connective and adipose tissues, you can reactivate the biological waste elimination mechanisms and oxygenate the tissues, thus creating a realignment of the connective fabric. The three actions of the TriActive synergistically work to dramatically improve the unwanted aspects of the skin. They assure tonic, elastic and firm skin, plus remodel the body contours."

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Dr. Zerbinati noted a reduction in both cellulite and fluid retention. "Treatment was well tolerated by all the study patients. At the end of ten sessions, we observed a clinically evident reduction in the cellulite on the hips and thighs, a reduction in the area circumferences and the plicometry, and an increase in skin elasticity." Thermography was also assessed (showing the extent of cellulite and detecting problems in micro-circulation). "In general, the thermographic picture of cellulite is known as 'mouchete' or 'leopard skin,'" Dr. Zerbinati explained. "Our study patients ended up with a homogeneous feel to their skin, instead of having 'leopard skin.' This finding underscores that the TriActive improves microcirculation."



Buttock before Tx



Buttock after one TriActive Tx

**Apart from these** objective results, patients were very satisfied with reduction in fluid retention and a reduced sensation of heaviness and swelling in their lower limbs. "Patients observed these benefits after only two to three sessions with the TriActive," Dr. Zerbinati observed. "Following treatment, patients noticed better skin tone and a reduction in the circumference of the areas treated." To date, Dr. Zerbinati has witnessed no side effects or contraindications.

Unlike traditional endermologie cellulite treatment, the TriActive is painless and many patients fall asleep because they feel so relaxed. Furthermore, the diode lasers of the system improve the texture of the skin. Many patients comment they feel that their skin is smoother and softer. Some physicians use the TriActive after liposuction, thereby decreasing the incidence of irregularities to almost 0%. The TriActive can also be used to smooth out areas immediately prior to liposuction. And a new facial handpiece for rejuvenation appears promising.

**"Cellulite affects almost** all females," Dr. Zerbinati said. "These patients are always searching for new, non-invasive treatments. The TriActive system is truly innovative and fits in extremely well with today's frenetic lifestyle. Sessions are relatively short and the beneficial effects can be observed after the first few sessions." ■



Photos courtesy of S. Galliberti M.D.